

## Clinical Commissioning Groups in County Durham



Our receptionists are here to help you get to the right service. Please don't be offended if they ask what the problem is when you call to make an appointment.

The receptionist might suggest other professionals that could help you such as:

- **Opticians**
- **Pharmacist**
- **Nurse**
- **Family services**
- **Support groups**

You can find out more about Care Navigation in County Durham at:  
[www.northdurhamccg.nhs.uk/about-our-ccg/care-navigation](http://www.northdurhamccg.nhs.uk/about-our-ccg/care-navigation)

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